

GREAT HARVEST BREAD INGREDIENTS**570 E. BENSON BLVD****274-3331**www.greatharvestanchorage.com

BREADS	INGREDIENTS
Apple Cinnamon Chip	white flour (wheat flour, malted barley flour, niacin, iron, thiamin, mononitrate, riboflavin, folic acid), water, cinnamon chips (sugar, palm oil, cinnamon, nonfat dry milk, and soy lectithin) high fructose corn syrup, dried apples, yeast, salt, egg wash
Apricot Almond	whole wheat flour, water, dried apricots (dried apricots, natural flavors, sulphur dioxide added as a preservative), honey, almonds, yeast, orange rind, salt, egg wash
Asiago Pesto	white flour (wheat flour, malted barley flour, niacin, iron, thiamin, mononitrate, riboflavin, folic acid), water, high fructose corn syrup, pesto (olive oil, sweet basil, parmesan and romano cheese, garlic, pine nuts), asiago cheese, yeast, olive oil, dried onion, garlic, salt, egg wash
Asiago Rustic	white flour, water, sourdough starter, asiago cheese, basil, oregano, parsely, salt, yeast, ascorbic acid added as a dough strengthener, and cornmeal
Caramel Apple	white flour (wheat flour, malted barley flour, niacin, iron, thiamin, mononitrate, riboflavin, folic acid), carmel chips, high fructose corn syrup, dried apples, yeast, salt, egg wash
Chesse Garlic	white flour (wheat flour, malted barley flour, niacin, iron, thiamin, mononitrate, riboflavin, folic acid), water, cheddar cheese, high fructose corn syrup, yeast, garlic, onion, salt, egg wash
Chugach Rustic	white flour, water, sourdough starter, salt, yeast, ascorbic acid added as a dough strengthener, and cornmeal
Cinnamon Chip	white flour (wheat flour, malted barley flour, niacin, iron, thiamin, mononitrate, riboflavin, folic acid), water, cinnamon chips (sugar, palm oil, cinnamon, nonfat dry milk, and soy lectithin), high fructose corn syrup, yeast, salt, egg wash
Cinnamon Raisin Walnut	whole wheat flour, water, molasses, raisins, walnuts, yeast, cinnamon, salt, egg wash
Cinnamon Swirl	white flour (wheat flour, malted barley flour, niacin, iron, thiamin, mononitrate, riboflavin, folic acid), wheat flour, water, high fructose corn syrup, brown sugar, yeast, butter, salt, cinnamon, egg wash
Cracked Pepper Parmesan	whole wheat flour, white flour (wheat flour, malted barley flour, niacin, iron, thiamin, mononitrate, riboflavin, folic acid) water, high fructose corn syrup, parmesan cheese, yeast, salt, oregano, black pepper, red cayenne pepper, egg wash
Cranberry Orange	white flour (wheat flour, malted barley flour, niacin, iron, thiamin, mononitrate, riboflavin, folic acid), whole wheat flour, water, dried cranberries (cranberries, sugar, sunflower oil), high fructose corn syrup, orange rind, yeast, salt, egg wash
Dakota	whole wheat flour, water, honey, sunflower seeds, pumpkin seeds, poppy seeds, sesame seeds, yeast, salt, egg wash
Dubliner Stout	white flour, stout beer, dubliner white cheddar cheese, high fructose corn syrup, yeast, salt, egg wash
French Baguette	white flour, water, salt, yeast, diastic malt and ascorbic acid added as a dough strengthener
High 5 Fiber	whole wheat flour, water, flax seeds, honey, millet, oat bran, wheat bran, sunflower seeds, yeast, salt, egg wash
Hot Cross Buns	white flour (wheat flour, malted barley flour, niacin, iron, thiamin, mononitrate, riboflavin, folic acid), high fructose corn syrup, water, golden raisins, currants, dried cranberries, yeast, salt, orange zest, lemon zest, honey, cinnamon, butter, powder sugar, milk.
Honey White	white flour (wheat flour, malted barley flour, niacin, iron, thiamin, mononitrate, riboflavin, folic acid), water, honey, yeast, salt, egg wash
Honey Whole Wheat	whole wheat flour, water, honey, yeast, salt, egg wash
Irish Soda Bread	buttermilk, white flour (wheat flour, malted barley flour, niacin, iron, thiamin, mononitrate, riboflavin, folic acid), wheat flour, high fructose corn syrup, raisins, salt, baking powder & soda
Jalapeno Jack Cornbread	white flour (wheat flour, malted barley flour, niacin, iron, thiamin, mononitrate, riboflavin, folic acid), cornmeal, water, high fructose corn syrup, monterey jack cheese, butter, red peppers, jalapenos (jalapeno peppers, vinegar, salt, calcium chloride), yeast, salt, egg wash
Kalamata Olive	whole wheat flour, water, sourdough starter, kalamata olives, salt, thyme, ascorbic acid added as a dough strengthener, yeast, and cornmeal
Multigrain Rustic	water, white flour, sourdough starter, whole wheat flour, dark rye flour, flax seeds, brown sesame seeds, sunflower seeds, rolled oats, salt, yeast ascorbic acid added as a dough strengthener, and cornmeal
Musher's Bread	whole wheat flour, water, honey, golden raisins, millet, yeast, sunflower seeds, almonds, salt and a light egg wash
Nine Grain	whole wheat flour, water, rolled grain mix (rye chop, red wheat nuggets, corn grits, cracked brown rice, oat flakes, trit flakes, soy grits, flax seed, whole barley, whole millet), honey, yeast, salt, egg wash

<i>Oatmeal Poppyseed</i>	whole wheat flour, water, honey, rolled oats, yeast, poppy seeds, salt, egg wash
<i>Onion Dill Rye</i>	Whole wheat flour, rye flour, white flour, water, high fructose corn syrup, yeast, dried onions, salt, dill, egg wash
<i>Panza</i>	white flour (wheat flour, malted barley flour, niacin, iron, thiamin, mononitrate, riboflavin, folic acid), whole wheat flour, water, parmesan cheese, olives, sun dried tomatoes, yeast, salt, basil, oregano, black pepper and a light egg wash
<i>Parmesan Basil KUSTIC</i>	white flour (wheat flour, malted barley flour, niacin, iron, thiamin, mononitrate, riboflavin, folic acid), water, sourdough starter, parmesan cheese, garlic, basil, salt, yeast, egg wash, corn meal
<i>Peanut Butter Choco.</i>	white flour (wheat flour, malted barley flour, niacin, iron, thiamin, mononitrate, riboflavin, folic acid), water, peanut butter, chocolate chips, high fructose corn syrup, yeast, salt & egg wash
<i>Potato Dill</i>	white flour (wheat flour, malted barley flour, niacin, iron, thiamin, mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, potato flakes, dill weed, salt, egg wash
<i>Popeye</i>	white flour (wheat flour, malted barley flour, niacin, iron, thiamin, mononitrate, riboflavin, folic acid), whole wheat flour, spinach, parmesan cheese, diced red peppers, garlic, onion, high fructose corn syrup, yeast, salt and a light egg wash
<i>Baked Potato Bread</i>	white flour (wheat flour, malted barley flour, niacin, iron, thiamin, mononitrate, riboflavin, folic acid), potatoes, water, buttermilk, high fructose corn syrup, cheddar cheese, yeast, garlic, salt, black pepper, chives and a light egg wash
<i>Pumpkin Swirl</i>	white flour (wheat flour, malted barley flour, niacin, iron, thiamin, mononitrate, riboflavin, folic acid), wheat flour, water, pumpkin, high fructose corn syrup, brown sugar, walnuts, yeast, butter, salt, cinnamon, cloves, ginger, nutmeg and a light egg wash
<i>Raisin Walnut Rustic</i>	water, white flour, sourdough starter, whole wheat flour, walnuts, raisins, rye flour, salt, yeast, ascorbic acid added as a dough strengthener, and cornmeal
<i>Rosemary Garlic</i>	whole wheat flour, water, honey, yeast, salt, rosemary, parsley, dried garlic and egg wash
<i>Red, White & Blue</i>	white flour (wheat flour, malted barley flour, niacin, iron, thiamin, mononitrate, riboflavin, folic acid), water, high fructose corn syrup, dried cherries (tart red cherries, sugar, sunflower oil), dried blueberries (blueberries, sucrose, sunflower oil), yeast, salt and egg wash
<i>Stuffing Bread</i>	whole wheat flour, water, honey, onion, yeast, salt, sage, thyme, black pepper and egg wash
<i>Spinach Feta</i>	whole wheat flour, white flour (wheat flour, malted barley flour, niacin, iron, thiamin, mononitrate, riboflavin, folic acid), feta cheese, water, spinach, high fructose corn syrup, yeast, oregano, dried garlic, salt, black pepper and egg wash
<i>Sunflower Millet</i>	whole wheat flour, water, honey, millet, sunflower seeds, yeast, salt and egg wash
<i>Sundried Tomato Pesto</i>	white flour (wheat flour, malted barley flour, niacin, iron, thiamin, mononitrate, riboflavin, folic acid), water, whole wheat flour, high fructose corn syrup, pesto (olive oil, sweet basil, parmesan and romano cheese, garlic, pine nuts), sundried tomatoes, parmesan cheese, garlic, yeast, salt and egg wash
<i>Tahitian Surprise</i>	white flour (wheat flour, malted barley flour, niacin, iron, thiamin, mononitrate, riboflavin, folic acid), water, golden raisins, whole wheat flour, almonds, high fructose corn syrup, pineapple, coconut, orange juice, butter, salt, yeast, lemon peel, orange peel and egg wash
<i>Tomato Basil</i>	whole wheat flour, white flour (wheat flour, malted barley flour, niacin, iron, thiamin, mononitrate, riboflavin, folic acid), water, canned tomatoes (tomatoes, tomato puree, salt, citric acid, calcium chloride), high fructose corn syrup, yeast, dried onion, basil, oregano, parsley, sesame seeds, salt, egg wash
<i>White Chocolate Cherry</i>	white flour (wheat flour, malted barley flour, niacin, iron, thiamin, mononitrate, riboflavin, folic acid), water, dried cherries (tart red cherries, sugar, sunflower oil), white chocolate chips (sugar, partially hydrogenated palm kernel oil, cocoa butter, nonfat milk, cream, whey, mono and diglyceride and soya lecithin emulsifiers, and pure vanilla), high fructose corn syrup, brown sugar, butter, yeast, salt, vanilla and egg wash
<i>Wheat Cinn.Chip</i>	whole wheat flour, water, cinnamon chips (sugar, palm oil, cinnamon, nonfat dry milk, and soy lectithin), honey, yeast, salt and egg wash
<i>Whole Grain Rustic</i>	water, whole wheat flour, sourdough starter, dark rye flour, flax seeds, sesame seeds, sunflower seeds, rolled oats, salt, yeast, ascorbic acid added as a dough strengthener & cornmeal
<i>Woodstock</i>	whole wheat flour, water, honey, sunflower seeds, pecans, walnuts, flax seeds, yeast, salt, egg wash

Processed in a bakery that uses milk, soybeans, eggs, wheat, tree nuts (almonds, hazelnuts, pecans, pine nuts, walnuts), peanuts and fish (salmon).